

Edmonton Epilepsy Association – Print Resource Library

Focus	Title	Author/Publisher	Description
Archives	The Falling Sickness	Owsei Temkin, MD	A history of epilepsy from the Greeks to the beginnings of modern neurology.
Complementary	Complementary and Alternative Therapies for Epilepsy	O. Devinsky, MD; S. Schachter, MD, S. Pacia, MD	Incorporating complementary and alternative medicine into epilepsy treatment.
	Epilepsy A New Approach	Richard and Reiter, M.D.	What medicine can do & what you can do for yourself.
	The Ketogenic Diet: A Treatment For Epilepsy (3rd Ed.)	John M. Freeman et al.	The ketogenic diet; includes calculations and meal plans.
Children	Adventure Camp board game (2)	Pfizer	Board Game for ages 6 and up; epilepsy information
	Becky the Brave: A story about epilepsy	Laurie Lears	Story/picture book about having a seizure at school, educating peers and acceptance.
	Dottie the Dalmatian Has Epilepsy (5)	Dr. Wellbook Collection	A brave young firehouse dalmation has epilepsy.
	Epilepsy - The Detective's Story	P. Rogan & D. Hollomby	A child's story/picture book describing epilepsy.
	Everything a Child Needs to Know About Epilepsy	Dr C R Yemula & Prof. F Besag	Illustrated book for school-aged children about epilepsy, treatment, and lifestyle changes.
	Fly Danny, Fly	Chip Gilbertson & Gina Restivo	Imaginary journey of self discovery; accepting differences
	Hand In Hand "I Have Epilepsy Too"	Dr. Richard Appleton	Letters and pictures from children who have epilepsy.
	Living With Epilepsy	Patsy Westcott	Children's story/picture book about living with epilepsy.
	Living With Seizures	Heather Tuttle	Written by a 7-year-old girl to educate peers.
	Me and My World - All About Epilepsy (2)	Epilepsy Foundation of America	Epilepsy information; written for school-aged children.
	The Moon Balloon: A Journey of Hope and Discovery for Children and Families	Joan Drescher	A child can explore their feeling and fears about illnesses.
	My Mommy Has Epilepsy	Stacey Chillemi	Teaches children about epilepsy and what to do if a loved one or friend has a seizure. Resource index included.
	SEIZURE MAN - First Aid for Seizures (6 booklets)	Wake Forest University	A short comic-book about seizure first aid.
	Taking Seizure Disorders to School	Kim Gosselin	Story/picture book about epilepsy, written for classmates.
	Views From Our Shoes	Donald Meyer	Growing up with a brother or sister with special needs.
	What Difference Does it Make, Danny?	Helen Young	Danny, a sports-inclined boy with epilepsy, and the struggle with a teacher who doesn't understand.
What's Up With Wendy? Medikids Explain Epilepsy	Dr. K Chilman-Blair, J. Taddeo	Comic-book style blends fun with fact about epilepsy.	

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Children	When Mom or Dad has Seizures: A Guide for Young People	Epilepsy Foundation of America	Sections for pre-schoolers, children, young teens, and older teens & young adults.

General	A Spark of Hope - Living With Epilepsy	Tracey Westaway	A personal look at life with epilepsy and disability.
	Big Head! A Book About Your Brain and Your Head	Dr. P. Rowan	With life-size illustrations and see-through pages.
	The Brainstorms Companion: Epilepsy in our View (2)	Steven C. Schachter, M.D.	Epilepsy as viewed by family, friends, co-workers and support staff.
	Brainstorms: Epilepsy In Our Words (2)	Steven C. Schachter, M.D.	Personal accounts of living with seizures.
	Brainstorms: Epilepsy in Our World	S.Schachter,MD; L.Andermann,MD	Stories of living with seizures from around the world
	The Brainstorms Family: Epilepsy on our Terms	S. Schachter, MD	Stories by children with seizures and their parents.
	The Brainstorms Healer: Epilepsy in our Experience	S. Schachter, MD; A.J. Rowan, MD	Stories of health care professionals as care providers and patients.
	The Brainstorms Woman: Epilepsy in our Lives	S. Schachter MD et al.	Stories of women living with epilepsy, in their own words.
	Breaking The Vicious Cycle	Elaine Gottschall	A book on intestinal health through diet.
	Comprehensive Evaluation and Treatment of Epilepsy (2)	S. Schachter, MD; D. Schomer,MD	Guide to the diagnosis and management of epilepsy.
	Coping With Epilepsy: In Search of a Dream	Dianne Coverley	Personal story of living with epilepsy.
	Dorlands Illustrated Medical Dictionary, 29 th Edition	Saunders	Illustrated definitions of medical terms.
	Encyclopedia of Medical Tests, The	Michael B. Brodin, M.D.	Information on more than 435 diagnostic procedures.
	Epilepsy - 199 Answers	Andrew Wilner, MD	A doctor responds to questions asked by his patients.
	Epilepsy – 199 Answers, 2 nd Edition	Andrew Wilner, MD	A doctor responds to questions asked by his patients.
	Epilepsy And Seizures	Dr. Donald Weaver	Information for persons with epilepsy and their families.
	Epilepsy and the Family: A New Guide	Richard Lechtenberg MD.	Addresses questions adults with epilepsy may be reluctant to ask doctors, chapters about the stresses of spouses, parents, children & siblings of those with epilepsy.
	Epilepsy Explained – A Book for People Who Want to Know More	Markus Reuber, MD et al	What epilepsy is, how it is diagnosed and treated. Tips & suggestions on living safely and successfully with epilepsy.
	Epilepsy - Frequency, Causes and Consequences	W.Hauser,MD; D.Hesdorffer, MPH	Epilepsy: who gets it, when it occurs, and the effect on those whose lives it touches.
	Epilepsy Handbook, The	Robert J. Gumnit, M.D.	The practical management of seizures
	Epilepsy - I Can Live With That	Sue Goss et al	Personal stories by people with epilepsy.
	Facts About Epilepsy	W.Hauser,MD; D.Hesdorffer, MPH	Synopsis of “Epilepsy - Frequency, Causes and Consequences”
	Heaven is for Real	Todd Burpo	A little boy’s story of his trip to heaven and back.

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General	If Walls Could Talk – Don't Let Epilepsy Control You!	Ann Marie Gillie	Personal story of living with epilepsy and brain surgery.
	Issues & Answers - Exploring Your Possibilities	Epilepsy Foundation of America	A guide for teens & young adults with epilepsy.
	Issues & Answers - Teens and Young Adults	Epilepsy Foundation of America	A guide for parents of teens & young adults with epilepsy.
	Let's Talk About Epilepsy – Truly Inspiring Stories	Ann Marie Gillie	Personal stories from people with epilepsy, many of whom had epilepsy surgery
	Living Well With Epilepsy, 2 nd Edition	Robert J. Gumnit, M.D.	Living with epilepsy more effectively and successfully.
	Neuropsychiatry of Epilepsy, The	Trimble & Schmitz	Looks at recent findings of the interface between epilepsy & behavior
	The Official Patient's Sourcebook on Seizures and Epilepsy	J. N. Parker & P. M. Parker	A revised and updated internet directory.
	Pocket Positives for Our Times	Maggie Pinkney	"Inspirational Thoughts for a Better World"
	Speaking Out: Partners in Advocacy - Tools and Resources	Epilepsy Foundation of America	Information & resources for effective advocacy.
	Speaking Out: Partners in Advocacy - Understanding the Process	Epilepsy Foundation of America	Overview of the basic elements and types of epilepsy.
	Smart Moves	Carla Hannaford, PH. D.	Why learning is not all in your head.
	The Spirit Catches You and You Fall Down	Anne Fadiman	A Hmong child, her American doctors, and the collision of two cultures.
	Sudden Unexplained Death in Epilepsy: Continuing the Global Conversation	Denise Chapman et al	A succinct picture of SUDEP, combining science with the human experience.
	Switching On	Dr. Paul E Dennison	The whole brain answer to dyslexia.
	Taking Control of Your Epilepsy (2)	Reiter-Andrews	A work book for patients & professionals
	Ten Days to Self-Esteem	David D. Burns, MD	Brightening your moods without drugs or lengthy therapy.
	Value of Family, The	Dr. R. Westheimer, Ben Yagoda	An examination of family.
	Visions - Artists Living With Epilepsy	Dr. S. Schachter	Beautiful, insightful works by artists living with epilepsy.
	What I Know Now	Sarah Ferguson	Simple lessons learned the hard way.
	What's Stopping You?	M. Nagler, PhD and A. Nagler	A blueprint for living successfully with disability.
Working With Your Doctor: Getting the Health Care You Deserve	Nancy Keene	Being well-informed, actively participating in your health care, and building a good relationship with your doctor.	
HlthCare Pros	Brainstorms Healer - Epilepsy in our Experience	S. Schachter, MD, AJ Rowan, MD	Stories of health care professionals as care providers and patients.
	Demystifying Epilepsy: Management in Primary Care	Joseph Bruni	Disease management and patient counseling.

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HlthCare Pros	The Epilepsies - Diagnosis and Management	E. Niedermeyer M.D.	Field of epilepsy through the author's clinical experience.
	The Epilepsies – Etiologies and Prevention	Prakash Kotagal and H.D. Luiders	Donated in memory of Kylie Hampton
	Epilepsy – Models, mechanisms, and concepts	Philip A. Schwartzkroin	Major concepts and hypotheses through which epilepsy research is being advanced.
	Epilepsy and Intellectual Disabilities	Vee P. Prasher, Mike P. Kerr	Comprehensive coverage of important aspects of epilepsy in persons with intellectual disabilities.
	Epilepsy in Children, 2 nd Edition	Sheila J Wallace & Kevin Farrell	Comprehensive coverage of all manifestations of childhood epilepsy, including diagnosis and management.
	The Neurobiology of Epilepsy and Aging	R. Eugene Ramsay et al	Addresses the epidemiology, pathophysiology and treatment of epilepsy in elderly patients.
	Psychiatric Issues in Epilepsy, 2 nd Edition	Allan Ettiger & Andres Kanner	A Practical Guide to Diagnosis & Treatment
	The Treatment of Epilepsy – Principles and Practice	E. Wyllie	1,285 page text
Vagus Nerve Stimulation	S. Schachter and D.Schmidt	Well-illustrated discussion of vagus nerve stimulation.	

Focus	Title	Author/Publisher	Description
Pediatric	A Guide for Parents of Children with Epilepsy	James W. Wheless et al.	Information for parents of children with epilepsy.
	A Promise to An Angel	Patricia Young-Medland	A parent's story of their child's rare form of epilepsy.
	After your Child's Diagnosis	Cathy Lynn Binstock	Practical guide for families raising children with disabilities.
	Brainstorms Family - Epilepsy on our terms	Dr. S. Schachter et al	Stories by children with seizures and their parents.
	<i>Two Books in One (2 copies)</i> - Brothers and Sisters : A Guide for Families of Children with Epilepsy - Brothers and Sisters: Just for You!	Epilepsy Foundation of America	- Directed to parents, aunts, uncles, grandparents and other extended family members. - Directed specifically to siblings.
	Children with Epilepsy: A Parents Guide	Helen Reisner	Complete & compassionate guide written by parents, doctors, and other professionals.
	Epilepsy	Gill Parkinson, Mike Johnson	Audience: teachers, education professionals, parents, students; epilepsy, its treatment, effects on learning, teaching & learning strategies
	Epilepsy & Your Child: Parents' Information Booklet (5)	Novartis Phar. Canada Ltd.	Information for parents whose children have epilepsy.
	Families: Applications of Social Learning to Family Life	Gerald R. Patterson	The social learning approach to behavior change.
	Growing Up With Epilepsy: A Practical Guide for Parents	L. B. Blackburn, Ph.D.	Addressing issues faced when raising a child with epilepsy.
	I'll Take Care Of You	J.A Ilardo, PhD, C.R. Rothman PhD.	A practical guide for family caregivers.
	Issues & Answers - Birth to Six (2)	Epilepsy Foundation of America	A guide for parents of children (birth – 6) with epilepsy.
	Issues & Answers - Six to Twelve (2)	Epilepsy Foundation of America	A guide for parents of children (6-12) with epilepsy.

Focus	Title	Author/Publisher	Description
Pediatric	Issues & Answers - Teens and Young Adults	Epilepsy Foundation of America	A guide for parents of teens & young adults with epilepsy.
	Living With a Brother or Sister With Special Needs	D. Meyer & P. Vadasy	Resource for siblings, parents, teachers and others
	No One To Play With	Betty B. Osman	How to improve your child's social skills.
	Planning For the Future	L. Mark Russell et al.	Providing a meaningful life for a child with a disability after your death.
	Resource Guide: For Students with Disabilities From Kindergarten to Junior High in Edmonton and Area	Alberta Committee of Citizens with Disabilities	Information on publications, resources, programs, and contact information for schools in the region
	Respite Care: Time Out for Families	Epilepsy Foundation of America	Epilepsy and respite care - a general guide for families.
	Saving Jesse (3)	Nicky Armstrong	A diary of Rasmussen's Syndrome.
	Seizures and Epilepsy in Childhood, 3 rd Edition (2)	John M. Freeman et al.	A guide for parents, healthcare providers, and others caring for children with epilepsy. Epilepsy Foundation of America's National Book Award Winner
	Sibshops	D.J. Meyer & P.F. Vadasy	Workshops for siblings of children with special needs.
	Speaking Out: Partners in Advocacy – Family Action Guide	Epilepsy Foundation of America	Review of advocacy and effective approaches by those with epilepsy and their family members.
	Summer Camp - A Good Choice for Your Child?	Epilepsy Foundation of America	Information & checklists for making decisions about camp.
	That's My Child	Lizanne Capper	Strategies for parents of children with disabilities.
	Yes You Can	Mark Nager, PHD	A guide for parents of children with disabilities.
You Will Dream New Dreams	S. Klein, PhD and K. Schive	Inspiring personal stories by parents of children with disabilities.	
Pets-Gen	Canine Epilepsy	Caroline Levin, RN	An owners guide to living with & without seizures.
	Epilepsy-the Essential Guide to Natural Pet Care	Cal Orey	A look at natural ways to treat your pet with epilepsy.
Teens	A Handful of Stars	Barbara Girion	A novel of a 16-year-old following her mother's death.
	Epilepsy: The Ultimate Teen Guide (2)	K. Gay and S. McGarrahan	Stories & advice from teens with epilepsy. Resource lists.
	Epilepsy: The Ultimate Teen Guide #2 (2)	K. Gay and S. McGarrahan	Stories & advice from teens with epilepsy. Resource lists.
	Issues & Answers: Exploring Your Possibilities	Epilepsy Foundation of America	A guide for teens & young adults with epilepsy.
	Lefty Carmichael has a Fit	Don Trembath	Novel about how epilepsy affects a fifteen-year-old.
	Run Patty Run	Sheila Cragg	Inspiring story of a young woman with epilepsy who becomes a record-breaking distance runner.

Focus	Title	Author/Publisher	Description
Teens	Takedown	EMJ Benjamin	A high school wrestler adjusting to having epilepsy.
	Teenagers With Epilepsy: A Guide for Adolescents (4)	Paul M. Levisohn	Living a fulfilling life with epilepsy.
	- This your life: Career & Education Planning Guide; - Transition Planning Guide for Students with Disabilities and Their Families; - Learning Clicks: Click into Post-Secondary Planning (2 kits)	Government of Alberta	Multi-part resource kit for planning life after high school; includes updated guides and interactive online resources
	When Mom or Dad has Seizures: A Guide for Young People	Epilepsy Foundation of America	Sections for pre-schoolers, children, young teens, and older teens & young adults.
	Young People & Chronic Illness: True Stories, Help and Hope	Kelly Huegel	Inspiring young people who meet the challenge of chronic illness. References

Women	The Brainstorms Woman: Epilepsy in Our Lives	Steven Schachter et al.	Women living with epilepsy - their stories in their words.
	Embrace the Dawn	Andrea Davidson	A woman's triumph over epilepsy through surgery.
	Epilepsy and Pregnancy	Stacey Chilleri & Blanca Vazquez	Information on pregnancy and related issues.
	JuaNita With a Capital "N"	JuaNita Brodecky	A true story of a woman's fascinating life.
	Rejoice in the Light: A woman's journey out of the mystery of epilepsy	Amy E. Crane	Living with epilepsy and overcoming it through brain surgery. Addresses many issues & how others can help.
	Rusty's Story	Carol Gino	A true story of epilepsy misdiagnosed as mental illness.
	Seizure	Charles L. Mee, Jr.	A true story of a young girl's medical history.
	Women with Epilepsy (2)	M.J. Morrell, MD, D.K. Flynn, MD	Health & treatment issues faced by women with epilepsy.