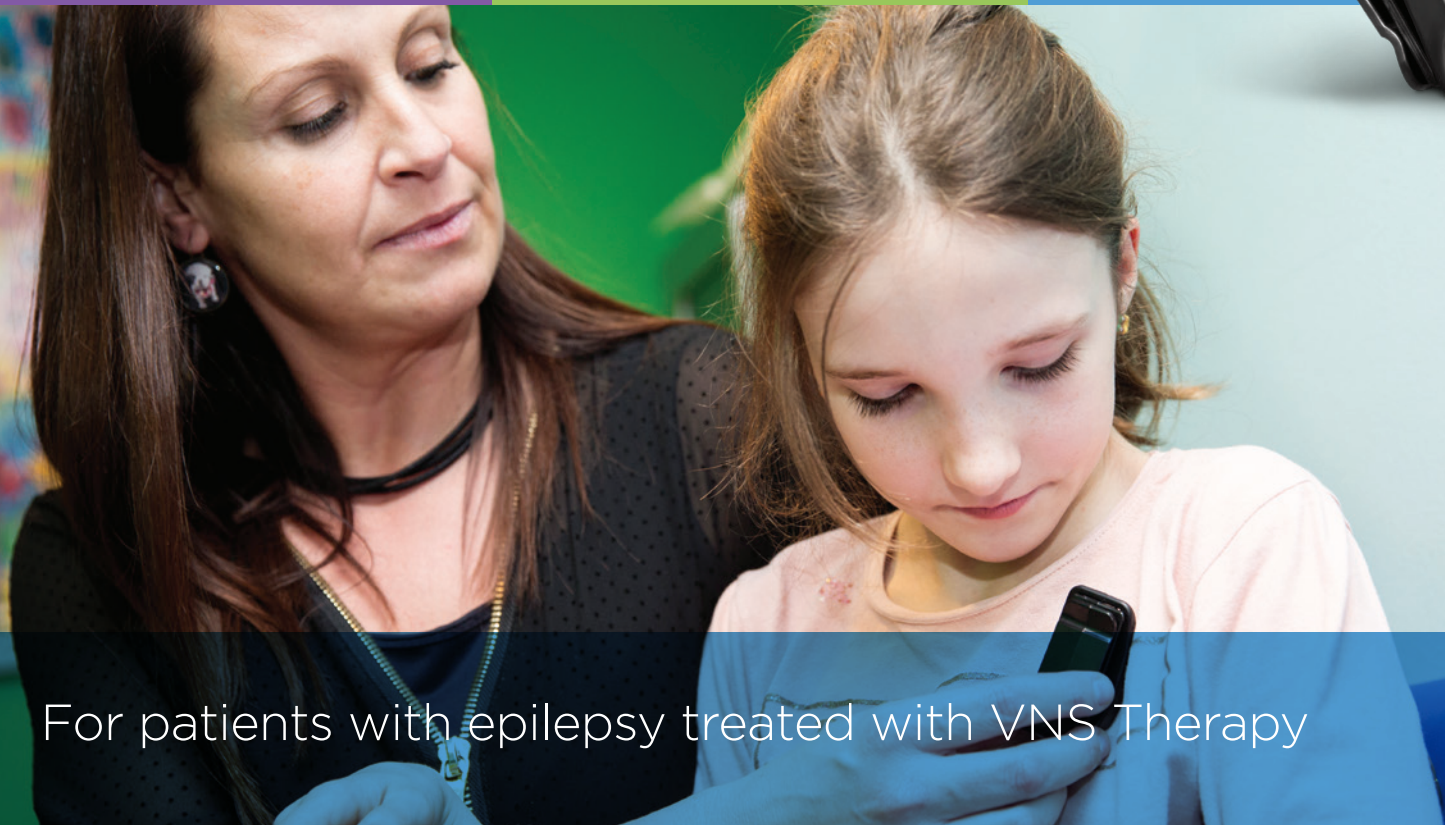




# The VNS Therapy<sup>®</sup> Magnet

A unique benefit of VNS Therapy<sup>®</sup>



For patients with epilepsy treated with VNS Therapy

# What is the Patient Magnet?

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Use of the magnet is not necessary to receive VNS Therapy. The magnet is an added benefit of VNS Therapy that serves two functions:

## 1 Starting an extra dose of stimulation may

- Stop the seizure
- Shorten the seizure
- Decrease the intensity of the seizure
- Shorten the recovery period following the seizure

## 2 Stopping stimulation to temporarily control side effects during certain activities such as public speaking, singing, or exercising



# What is the Patient Magnet?

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**VNS Therapy** works to control seizures by intermittently stimulating the vagus nerve automatically, 24 hours a day, regardless of whether a patient chooses to use the magnet.

# How to use the Patient Magnet

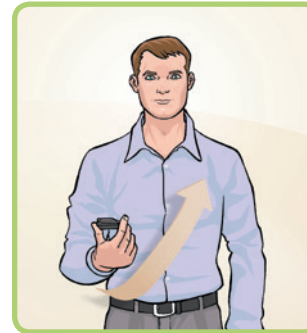
Patients, family members, caregivers, teachers, and school nurses can use the magnet to initiate an extra dose of stimulation when a seizure happens.

Two magnets are provided along with a wristband and a belt clip. When worn with the wristband, the magnet should be on the inside of your wrist.

The magnet can be used more than once during a seizure. Using the magnet more than once will not harm the patient or the generator.

When you want to control side effects by temporarily stopping stimulation, hold or tape the magnet over the generator. When the magnet is removed, stimulation will restart.

If patients experience troublesome or painful side effects from VNS Therapy for an extended period of time, they should contact their physician.



1

When you feel a seizure is about to start or during a seizure, you or a caregiver can place the magnet over the chest area where the generator is implanted.



2

Swipe the magnet over the generator **for less than 3 seconds.**

# Tips on handling the Patient Magnet

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- The magnet should be kept at least 25cm (10 inches) away from credit cards, televisions, computers, microwave ovens, or other magnets
- Do not drop the magnet; it can break if it falls on a hard surface
- Patients should carry their magnet with them so that it is available for use as soon as a seizure occurs or to temporarily stop stimulation
- The Patient Magnet is the only magnet that should be used to either start or stop stimulation
- Contact your physician to get additional magnets





#### VNS THERAPY EUROPEAN INDICATION FOR USE

VNS Therapy is indicated for use as an adjunctive therapy in reducing the frequency of seizures in patients whose epileptic disorder is dominated by partial seizures (with or without secondary generalization) or generalized seizures that are refractory to seizure medications. The Model 106 AspireSR® (Seizure Response) features the Automatic Stimulation Mode, which is intended for patients who experience seizures that are associated with cardiac rhythm increases known as ictal tachycardia.

#### CONTRAINDICATIONS:

The VNS Therapy system cannot be used in patients after a bilateral or left cervical vagotomy. Do not use short-wave diathermy, microwave diathermy, or therapeutic ultrasound diathermy on patients implanted with the VNS Therapy system. Diagnostic ultrasound is not included in this contraindication. Cardiac arrhythmia (Model 106 only)—The AutoStim Mode feature should not be used in patients with clinically meaningful arrhythmias or who are using treatments that interfere with normal intrinsic heart rate responses.

#### WARNINGS:

Physicians should inform patients about all potential risks and adverse events discussed in the VNS Therapy Physician Manuals, including information that VNS Therapy may not be a cure for epilepsy. Since seizures may occur unexpectedly, patients should consult with a physician before engaging in unsupervised activities, such as driving, swimming, and bathing, or in strenuous sports that could harm them or others.

AspireSR® is CE mark approved and commercial distribution may vary by country.

A malfunction of the VNS Therapy system could cause painful or direct current stimulation, which could result in nerve damage. Removal or replacement of the VNS Therapy system requires an additional surgical procedure. Patients who have pre-existing swallowing, cardiac, or respiratory difficulties (including, but not limited to, obstructive sleep apnea and chronic pulmonary disease) should discuss with their physicians whether VNS Therapy is appropriate for them since there is the possibility that stimulation might worsen their condition. Postoperative bradycardia can occur among patients with certain underlying cardiac arrhythmias. MRI can be safely performed; however, special equipment and procedures must be used.

#### ADVERSE EVENTS:

The most commonly reported side effects from stimulation include hoarseness (voice alteration), paresthesia (prickling feeling in the skin), dyspnea (shortness of breath), sore throat and increased coughing. The most commonly reported side effect from the implant procedure is infection.

\*The information contained here represents partial excerpts of important prescribing information from the product labeling. Patients should discuss the risks and benefits of VNS Therapy with their healthcare provider. Visit [www.VNSTherapy.com](http://www.VNSTherapy.com) for more information.

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