Special Issue

July|August 2025

FOCUS ON EPILEPSY

> "Alone, we can do so little; together, we can do so much." - Helen Keller

edmontonepilepsy.org

Cassidy Megan and Valeria Palladino

in this issue

ABOUT THIS PUBLICATION

The EEA has been publishing an online and in-print version of our bi-monthly newsletter since 2013. All archived copies can be found on our website at https://edmontonepilepsy.org/eea-newsletter/. This year we celebrate our 10th anniversary of the dual versions of our publication. We fund this project on our own, and always welcome sponsors to help us continue our mission to support the epilepsy community.

GENEROUS CONTRIBUTIONS

This issue of the Focus on Epilepsy Newsletter was made possible thanks to these individuals and their generosity, in sharing research and editing skills, ideas sharing and formatting and mailing support: Valeria P. and Mai Heikal.

Message from the President

Dear members,
What an incredible way to close out the month of June! I'm thrilled to share that our 65th Anniversary celebrations were a resounding success. From the insightful presentations at our Educational Symposium to the energy and warmth of the Gala, the entire weekend reflected the strength, passion, and progress of our epilepsy community.

The symposium brought together leading experts, individuals living with epilepsy, caregivers, and advocates for an inspiring day of learning and connection. The Gala was a true celebration—honouring our history, recognizing those who've paved the way, and looking ahead to a vibrant future. Hearing the inspiring words of Cassidy Megan and Curtis Anderson, seeing the artwork by Katie Tilbury, and sharing the experience with so many of you made for a truly unforgettable weekend for me and my family.

Thank you to everyone who attended, volunteered, spoke, donated, and helped make these events so memorable. Your continued support ensures we can keep building awareness, providing education, and offering hope and resources to those living with epilepsy in Northern Alberta.
Wishing you all a restful and joyful summer!

Warm regards,

Susan Wilkie

Cassidy Megan and Susan Wilkie and her family

From my Desk

This special edition of our newsletter marks the official close of more than 18 months of planning, dreaming, and collaboration—culminating in two incredible events that brought our community together: the Epilepsy Community Symposium and our 65th Anniversary & Fundraising Gala, held June 20–21, 2025, at the Chateau Louis Hotel in Edmonton.

Having missed our 60th due to a global pandemic, we knew this milestone had to be extra special—grand, memorable, and, most importantly, grounded in the spirit of shared experiences, inclusivity, and joy in a safe and welcoming space.

Getting to this point was exciting, though it came with a lot of work. A special shout-out goes to our dedicated Gala Committee—an incredible group of women whose energy and attention to detail made the magic happen. From monthly Zoom calls to weekly check-ins, and right down to sourcing purple heart-shaped mini cakes (yes, they were as delicious as they were beautiful!), the effort was all worth it.
Our goal was simple: create events that were inclusive, affordable, meaningful, and, above all, unforgettable. This issue captures those efforts—and the memories we created together. If you're a regular reader, you'll notice the format is a bit different. We've dedicated this space to reflecting on the celebrations while the memories are still fresh, and to offer those who couldn't attend a chance to catch up and feel included.

There's a lot to share, and this issue is packed with stories, photos, and behind-the-scenes moments from our year-and-a-half-long journey. Even more is coming—videos and professional photo galleries will soon be available to help us relive those special moments.

From my Desk

And yes, I’m writing this from our new office space at 9915 148 Street, where we relocated on June 15. From here, the view is full of pride and gratitude. The feedback we’ve received has been overwhelmingly positive, and it's clear these events succeeded because of the commitment and passion of our volunteers. With just one staff member (for now!), people often ask how we manage it all. My answer is always the same: because of you—our volunteers. You bring your time, skills, and hearts to everything we do, and we couldn't do any of it without you.

The process of finalizing our 65th Anniversary Commemorative Book was another deeply meaningful part of this journey. It reminded us of our roots—from the small group that founded this organization in June 1960, to the enduring support we received from the United Way, and the transformative contributions from the Epilepsy Trust and the Terry Mahon Foundation.

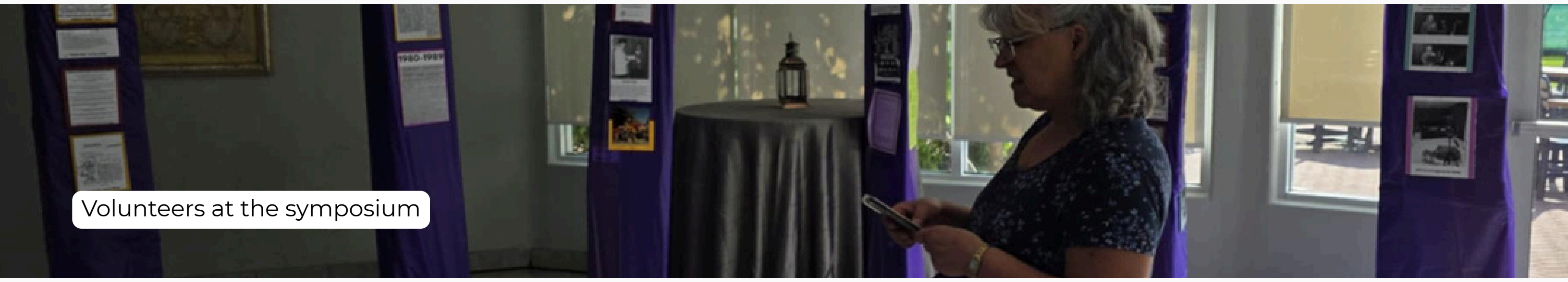
We also continue to grow closer to the medical community, whose involvement in the Symposium brought vital educational sessions and inspiring presentations that will ripple through our work for years to come. Amid all of this, we also sold our Groat Road property and downsized to our new location—because why not pack even more into the same week? The final handover happens July 15, with just a few finishing touches underway as I write.

Our journey hasn’t always been easy, but it has always been worthwhile. Every newly diagnosed individual or family who walks through our door finds not just services, but a community—one that listens, uplifts, and advocates. It's been my privilege to serve you over the past five years, and I hope to continue for at least five more as we set our sights on our 70th.

For now, I hope you enjoy this issue as a light and joyful summer read. I’ll be taking a short break at the end of July, but rest assured—we have exciting programs coming in August and September. And of course, our Board of Directors will continue to provide steady, thoughtful leadership.
Stay safe, stay hydrated, and enjoy these long summer days.
Warmly,

Valeria.

65th Anniversary Celebrations



Volunteers at the symposium

This issue is dedicated to the unforgettable celebrations marking our 65th anniversary —culminating in the anniversary and fundraising gala held on June 21, 2025.

As we reflect on this incredible milestone, we want to extend the joy a little further. In sharing these stories, we aim not only to relive the highlights, but also to welcome those who couldn't attend in person to experience the spirit of the June 20–21 weekend. Through these pages, we hope to capture the atmosphere, the learning, the sense of community, and the sheer joy that filled those special days.

In the sections that follow, you'll join us on a journey of remembrance —exploring the work, planning, vision, and dedication of the Gala Committee and the EEA Board of Directors over the past 18 months. You'll find the key article listed below, guiding you through the experiences and behind-the-scenes efforts that brought our celebrations to life.

This special edition is more than a recap—it's a lasting resource. Whether you've just discovered the EEA or have been part of our journey for years, we hope this newsletter deepens your connection to our mission. It will also be available as a permanent link on our websites' resource pages, preserving the memories and learnings for years to come.

And of course, the celebration doesn't stop here—new opportunities for learning and connection are already on the horizon. After all, we don't need to wait for another birthday to come together again.

How the journey started

As the world reeled from the upheaval of the 2020 pandemic, the EEA's plans to celebrate its 60th anniversary were put on hold. In late April 2020, we closed our office doors, bracing for the unprecedented provincial and global measures needed to keep one another safe. Amidst this uncertainty, Valeria Palladino stepped into her new role as Executive Director, following the retirement of Gary Sampley, who had served the epilepsy community for over 15 years. In their transition conversations, Gary shared the extensive groundwork laid by the organizing committee for the 60th anniversary celebrations—plans that were ultimately paused due to COVID-19.

EEA Gala

Fast forward a year or two, Valeria, in consultation with our board of directors, began envisioning what our 65th anniversary could look like. Concrete planning didn't begin until November 2023, when a dedicated gala committee was formed. Weekly virtual meetings became the norm. Though the team was small, it was mighty—true to the EEA spirit.

Our vision was clear: make the celebrations inclusive and engaging for as many members of our community as possible. We knew that by diversifying our events and learning opportunities, we could not only celebrate but also expand awareness of our mission, attract new members, and build connections with other organizations and the broader public.

The official journey began on June 22, 2024, with the symbolic cutting of a purple ribbon at Rundel Park, marking the start of a year-long celebration. This event also served as the closing moment of our June Epilepsy Awareness campaign—now a beloved annual tradition. (You can find event highlights in our July–August 2024 newsletter.)

That same issue introduced the Epilepsy Portraits Project, featuring stories of 11 EEA members. These inspiring profiles continued in subsequent newsletters throughout the year.

How the Journey Started

We also revived one of our most cherished programs: community field trips to special sites around Edmonton. These outings are designed to foster connection, reduce isolation, and support members managing the unpredictability of seizures and medication side effects.

Over the next 12 months, we organized field trips, launched special projects, and held countless planning sessions to secure funding, engage members, and lay the groundwork for our two capstone events: the Symposium and the Gala.

More details and special recognitions are shared in the following pages. If you joined us during this journey, we hope these reflections resonate with your experience. If not, we still have you in mind—photos, videos, and key learnings from our celebration weekend will be shared soon.

Guests at the Gala and Symposium

The Gala Committee


Susan Wilkie


Noella Desaulniers


Maureen Werlin


Angela Wilm


Valeria Palladino


Tammy Tkachuk


Shandea Patras


Sharon Otto


Justine Beghin


Nicole Eastman

The Gala Committee—admittedly not the most creative name—was the title we gave to a dedicated team of EEA directors and staff who led the planning and preparation for our celebrations. Some members have been involved since our very first meeting in November 2023. Others joined along the way or stepped back temporarily due to life's many twists and turns. Regardless of when or how they participated, every member brought thoughtful, candid, and valuable input to the table—and shared in the hard work of turning ideas into reality.

We deeply value each contribution and are proud to recognize everyone who supported this 18-month journey of celebration for our charity. Below is a list of those who served on the committee at various points, presented alphabetically by first name:

- Angela Wilm
- Justine Beghin
- Maureen Werlin
- Nicole Eastman
- Noella Desaulniers
- Shandea Patras
- Sharon Otto
- Susan Wilkie
- Tammy Tkachuk
- Valeria Palladino

Many other volunteers generously gave their time to help with our events. Their names will be recognized in the upcoming Volunteers section.

If you have a moment to express your gratitude, this is the team that deserves your thanks. They are a shining example of the dedication, collaboration, and strength in numbers that define every initiative the EEA sets out to achieve—together.

Planning Goals

When the team came together to plan our anniversary celebrations, we identified several critical elements that had to be at the core of all our activities. Chief among these were: ensuring maximum accessibility, allowing everyone a chance to participate in some way, and setting ticket prices at a level that would allow the EEA to host meaningful events while remaining inclusive of members facing economic constraints.

We also aimed to offer a diverse range of experiences to increase public engagement, raise awareness, and potentially grow our membership. Ultimately, our efforts were focused on fostering a stronger sense of community, enhancing education around epilepsy, and encouraging deeper engagement.
We believe the symposium and gala events successfully reflected these goals. Feedback from surveys, as well as anecdotal comments—both written and shared in passing—strongly suggest that our intentions resonated with participants.

Symposium Goals
The symposium, in particular, had its own focused objectives, which we worked diligently to achieve:

- Engage community members from all walks of life who are impacted by epilepsy.
- Share up-to-date and relevant information about seizures, treatments, and coping strategies.
- Facilitate face-to-face dialogue between epilepsy specialists and the wider community.
- Connect individuals by creating space for storytelling and mutual learning among those with lived experience.
- Provide accessible, tangible resources by capturing event presentations and conversations and making them available online.

Engage. Share. Facilitate. Connect. Provide. These goals guided not only the symposium, but also this special issue, which continues the work of expanding access to resources. By retelling stories from our celebrations, we continue to build community and carry our mission forward.

Planning Goals

Moments at our special events.

12 Months of Celebrations

As part of our EEA 65th Anniversary, we're proud to share a calendar-style overview of the key events and projects that marked this important milestone. Over the past 18 months, we've taken time to reflect on each initiative individually. Now, seeing them all together highlights the scale of what we've accomplished—and how the investment of our time, funding, and community effort has created a lasting and positive impact.

EEA 65th Anniversary Celebration Highlights:

- **November 2023 – June 2025:** Epilepsy Portraits Project
- **June 22, 2024**: Fun at the Park at Rundle Park – Official ribbon-cutting ceremony to launch our year-long celebration
- **July 13, 2024**: Field Trip to the Devonian Botanic Garden – Funded by the Edmonton Civic Employees Charitable Assistance Fund (ECECAF)
- December 14, 2024: Holiday Celebration – Special party for EEA members at the Chateau Louis Hotel
- **January 18, 2025:** Field Trip to the Royal Alberta Museum – Funded by ECECAF
- **March 15, 2025**: Crankpots Ceramic Studio Field Trip – Funded by ECECAF
- **March 22, 2025:** Epilepsy Awareness Day & Fundraiser – Held at West Edmonton Mall
- **May 24, 2025:** Glass Studio Creations Field Trip – Funded by ECECAF
- **June 20, 2025:** Epilepsy Community Symposium – Held at the Chateau Louis Hotel
- **June 21, 2025:** EEA 65th Anniversary Gala & Fundraiser – Hosted at the Chateau Louis Hotel

In addition to these major events, we've also compiled a commemorative book, developed engaging videos, and created a visual history of our six and a half decades of service. Edited video recordings of the symposium presentations and key messages from special guests at the Gala will soon be available to view.

12 Months of Celebrations

Major Projects

Epilepsy Portraits

The Epilepsy Portraits project was born from a collaborative idea between the Edmonton Epilepsy Association (EEA) and artist Katie Tilbury—who is not only a talented painter but also a fellow EEA member and someone living with epilepsy. The project aimed to engage members of the epilepsy community by inviting them to share their personal journeys and experiences, while Katie captured their stories through deeply personal painted portraits.

This unique initiative unfolded in three key phases:

1. Phase One – Brainstorming and Planning (Late 2023)
2. Phase Two – Recruitment and Storytelling (2024)
3. Phase Three – Portrait Showcase (2025)

Recruitment began in late fall 2024, and 11 EEA members joined the project: Megan H., Maureen W., Tammy H., Katrina B., Timothy E., Keliah L., James B., Jack M., Kimberly A., Karima E., and Zach W.

Major Projects

Epilepsy Portraits

The main goal of this project was to connect with individuals across northern Alberta who are living with epilepsy—of all ages and backgrounds—and to give space for their voices to be heard. Each participant took part in storytelling through a blend of media: written and video interviews, professional photography, and Katie's hand-painted portraits. The result is a powerful collection of real stories and faces that reflect the diverse and resilient experiences within our community.

In March 2025, select portraits were exhibited at the University Hospital Foundation's West Gallery "After-Hours" wall, drawing attention from hospital visitors during Epilepsy Awareness Month. The full collection was later displayed in a gallery-style format at the EEA's 65th Anniversary Symposium and Gala, where many participants were gifted their own portrait to take home.

Throughout the project, each story was featured in our newsletters starting in June 2024. The complete set of stories was then published in a commemorative book celebrating the EEA's 65th Anniversary. Gala guests received a complimentary copy of the book, while symposium attendees were offered copies at a 50% discount.

This project came full circle—from the first audio interviews, to scripting and narrating each story, to publishing and showcasing them. We are incredibly proud of this journey and the community it reflects. As one participant beautifully shared: "I felt I was listened to. Thank you."

> "I felt I was listened to. Thank you."
>
> PORTRAITS PARTICIPANT

Major Projects

The Book

One of the major projects we undertook for these milestone celebrations was the design, writing, and production of a special commemorative coffee-table book. The committee envisioned a book that would tell the story of our association—spanning all 65 years—and feature the individual stories from the Epilepsy Portraits project. We wanted something that would serve not only as a meaningful keepsake, but also as a lasting tribute to the journey we've shared as a community.


Delegates at the symposium.

The book also fulfilled a core value the committee felt was essential to this celebration: honouring our history. Looking back on six and a half decades of impact, we recognized the immense value in preserving and showcasing our roots. To truly capture the essence of our community, we delved deep into archives, photographs, stories, and anecdotes.

The earlier decades were more challenging to document, as most of our current and recent members trace their involvement with the EEA back 30 to 35 years. However, through board meeting notes, annual reports, newsletters, and event records, we were able to piece together a compelling narrative that stretches back to our founding on June 7, 1960. Each leader in our history left a legacy that inspired the next—and we made sure their contributions were not forgotten.

Once all the dates and details were verified, a dedicated team of writers and editors collaborated through many drafts to bring the final version of this book to life. The result is a beautiful, lasting tribute—a gift for our current community and for future generations.

As part of our celebration, each gala attendee received a complimentary copy of the book, and guests at the symposium were able to purchase it at 50% off. Thanks to a generous donation from the Epilepsy Trust, we now have additional copies available for sale. You can purchase yours today through our **E-store page (link).**

Major Projects

The history posts

To explore and honour our history as a vital community partner in the journey with epilepsy since 1960, we wanted to create something engaging for those who might not be drawn to reading our commemorative book. That's how the idea of the History Posts came to life — a visual, accessible display that brought our past to light through grouped data, facts, and imagery organized by decade.

Over the course of a few months, with the help of volunteers from NorQuest College and dedicated EEA supporters, we built a series of self-standing cardboard posts. Painted in vibrant purple, these posts offered a visual journey through time, each one highlighting a decade of milestones, challenges, and accomplishments.

Displayed at both the symposium and the gala, the History Posts invited guests to learn about our roots and celebrate our key successes. They added a splash of colour to the event space, creating moments for quiet reflection and connection to our shared legacy.

If it's not already obvious, history holds a special place in our hearts. Looking back to our beginnings and understanding how EEA's leadership has grown—while staying true to its grassroots foundation—reminds us of our enduring purpose. At our core, we remain committed to making life with epilepsy easier for everyone who turns to us, and even those who haven't yet.

We're proud to tell our story. And we're always here, ready to make a positive difference—one life at a time.

Major Projects

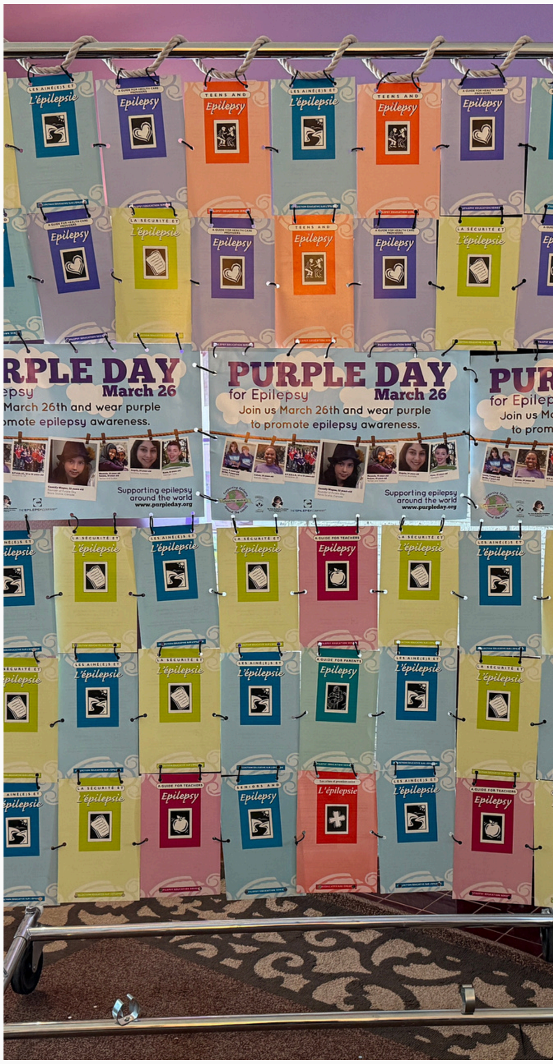
Members’ field trips

Since the summer of 2024, we successfully launched and sustained a year-long initiative: special field trips to local landmarks and event spaces, designed especially for our members living with epilepsy. These excursions weren’t just about sightseeing—they were about reclaiming agency, breaking isolation, and restoring a sense of belonging and joy.

For many people with epilepsy, the unpredictability of seizures makes it difficult to feel in control of their own lives. The constant uncertainty—never knowing when the next seizure might strike—can lead to a kind of resignation: Why make plans? Why get excited, only to cancel? Why risk the embarrassment of seizing in public, surrounded by people unsure how to help? This mindset too often leads to social withdrawal and isolation.

That’s one of the key reasons the EEA exists: to say, Yes, it’s okay to plan. Yes, it’s okay to look forward to something. And yes—if a seizure happens—you’ll be surrounded by people who understand, who know what to do, and who are here to support you without judgment.
These field trips echo a beloved tradition from the late 1980s and early 1990s, when EEA organized similar outings that became highlights of the year for many of our members. Back then, with limited access to transportation and few opportunities to plan safe excursions, these trips provided not just adventure, but peace of mind.

Thanks to a generous grant from the Edmonton Civic Employees Charitable Assistance Fund (ECECAF), we revived that tradition by organizing four field trips between July 2024 and May 2025. Just like in the '90s, the response was overwhelmingly positive. With your continued support, we plan to seek further funding to keep these meaningful experiences going—creating memories, building connections, and making joy possible again.



Sponsors and Supporters

Our incredible 18-month journey of celebration and impact would not have been possible without the generous financial support we received. From the earliest planning stages, the Gala Committee—alongside some of our most dedicated volunteers—took the lead in crafting compelling pitches to rally support for our initiatives. These amazing individuals used their creativity, persistence, and persuasive talents to raise funds and gather resources for a cause close to all our hearts: supporting the epilepsy community in our region.

Major Sponsors

Many of our larger sponsors came on board through a sponsorship package we developed early in the process, as well as through personal relationships and community connections. We are deeply grateful to the following businesses and organizations for their major contributions—whether through direct financial support, donations for raffles, or sponsorship of special projects like our commemorative book funded by The Epilepsy Trust.

Major Sponsors (in alphabetical order):

- Active Computers
- Best Buy
- Build-A-Bear
- Campbell Liquor
- Cineplex Odeon Theatres
- Edmonton Civic Employees Charitable Assistance Fund
- Hunter Radiators Inc.
- Home Depot
- Industrial Icon
- Jazz Pharmaceuticals
- LivaNova
- Mr. Mike’s
- Paladin Labs
- Pottery Clay Café
- Rhellik Holdings Ltd.
- Safeway
- SAGE
- Simply Supper
- SNF Water Science
- St. Edmund’s Catholic Women’s League
- Staples
- Superstore Liquor
- Swiss Chalet
- The Brick
- The Epilepsy Trust
- WestJet

Community Contributions

Beyond corporate sponsors, we are incredibly thankful for the unwavering generosity of individual donors. Many of these supporters are part of the “Friends of EEA”—community members who commit to monthly contributions ranging from $20 to $50. These donations continued even beyond our events, providing vital, ongoing support. We also received numerous one-time donations earmarked specifically for our celebratory projects.

Thanks to this collective generosity, we raised over $110,000 during our 18-month campaign and concluded with a profit of approximately $90,000—a remarkable accomplishment for a small charity like ours.

Sponsors and Supporters

Individual Donors

We’d like to recognize the following individuals for their direct contributions:

- Colleen Matvichuk
- Daphne Quigley
- Erin Rutherford
- Katrina Breau
- Maureen Werlin
- Nick and Julia Palladino
- Noella Desaulniers
- Sarah Hoffmann
- Susan Wilkie
- Todd McCarter
- Val Gabert
- Valeria Palladino
- Tammy Tkachuk

We extend our deepest gratitude to each and every sponsor, donor, and supporter who helped bring our vision to life. Your belief in our mission continues to uplift the epilepsy community in powerful and lasting ways.

The Edmonton Epilepsy Association Turns 65: Why Should You Care?

(We publish here a post we shared to promote our final events. These lines tell you our story in short form).

This is the story of the little charity that could.

On June 7, 1960, a small group of committed Edmontonians came together to incorporate the Edmonton Epilepsy Association (EEA) under the Alberta Societies Act. Motivated by the shared desire to improve life for people affected by epilepsy, they built something powerful from humble beginnings. Like many grassroots movements across Canada, our mission was simple but profound: to create a more inclusive, understanding, and supportive community for those living with epilepsy.

At the time, epilepsy was still surrounded by fear, misunderstanding, and outdated medical practices. Institutionalization, electric shock treatments, and social isolation were far too common a solution for people diagnosed with epilepsy, a physical condition and not a mental health condition. The 1960s and ’70s marked a turning point—and the EEA was part of that shift. It started, as many charities did, in a church basement. Meeting notes and documents were handwritten, photocopies were scarce, but the determination to help fewer than 2,000 Edmontonians diagnosed with epilepsy at the time, laid the foundation for something enduring.
Why does this history matter today, as we mark our 65th anniversary? Because the work is far from done.
Like many small, purpose-driven charities, the EEA fills critical gaps. We offer more than just programs—we provide a sense of belonging. We create safe spaces. We improve quality of life where systems fall short. We connect people who would otherwise feel isolated, and we make services accessible for all, not just for those who can afford them.

When someone is diagnosed with epilepsy, one of the first things to suffer is their quality of life. The unpredictability of seizures, the side effects of medication, and the loss of personal independence—like being able to drive—can upend everything. While around 70% of people eventually gain control over their seizures, 30% do not. Others experience setbacks even years into their journey. And epilepsy doesn’t discriminate—anyone with a brain can have it. One in 100 Canadians lives with epilepsy. In Alberta, that’s around 60,000 people. Half of them live in the region the EEA serves. For 65 years, we’ve stood beside them.

From day one, we’ve stepped into the spaces others couldn’t—or wouldn’t—reach. Our founders included researchers, doctors, community leaders, caregivers, and people with epilepsy themselves. They understood that no one-size-fits-all approach would work.

The Edmonton Epilepsy Association Turns 65: Why Should You Care?

The challenges people face are unique, and so are the solutions. Seizures can lead to anxiety, sadness, and a sense of loss that few outside one's immediate circle truly understand. But a caring community can make a difference. Waiting for government action isn't always the answer—community-led support is often the most direct and impactful path forward.

Our grassroots roots are our strength. They allow us to build trust, create connections, and respond with empathy and creativity. That spirit lives on today in programs like our epilepsy book series and Kids on the Block, a live puppet show for elementary school students that teaches awareness and empathy in a fun and accessible way.

We've weathered 65 years without core operational funding and with a small but mighty staff. Volunteers, doctors, caregivers, and individuals living with epilepsy have all contributed to our longevity. Together, we've created something that lasts—a vibrant, compassionate, and responsive organization that adapts with the times while staying true to its original mission. We do not operate without challenges: uncertainty about the next major fundraiser or sponsor are a constant in our existence. But we persist because we live the values that drive our mission: empowerment, respect, compassion, dedication and integrity.

The Edmonton Epilepsy Association may be the little charity you've never heard of. But chances are, you know someone with epilepsy—a friend, a colleague, a classmate, a family member. We're here for them. And we're here for you.

You may never need us. But if one day you do—if you or someone you love receives a diagnosis and needs someone to talk to, to guide you through the fear and the questions—we'll be here. Ready to listen. Ready to help. One call at a time. As our celebrations motto states: 65 years of hope: from shadows to light – challenging epilepsy stigma, one conversation at a time.

The Epilepsy Symposium

A learning experience for our community.

Guests at the symposium.

The primary goal of our symposium was to provide an accessible, affordable, and engaging educational experience for all members of our community, centered around epilepsy and life with seizures. As highlighted in the overarching objectives of our 65th anniversary celebration events (see page 10), creating inclusive and meaningful learning opportunities has been one of our planning team's top priorities. To extend the spirit of the celebration, we strategically scheduled the symposium the day before the gala. This allowed attendees who weren't planning to join the gala to still experience the event's energy and atmosphere.

Our key audience included individuals living with epilepsy, along with their families, caregivers, and support networks. To deliver a well-rounded and impactful experience, we partnered with medical professionals and guest speakers who generously shared their expertise across a wide range of topics focused on improving quality of life for those affected by epilepsy.

In the following pages, you'll find a list of our presenters and the topics they covered. We're currently finalizing the editing of each presentation and will soon make them available on a dedicated symposium learning page on our website. If you weren't able to attend or missed a particular session, don't worry—these resources will be ready to access by early fall.

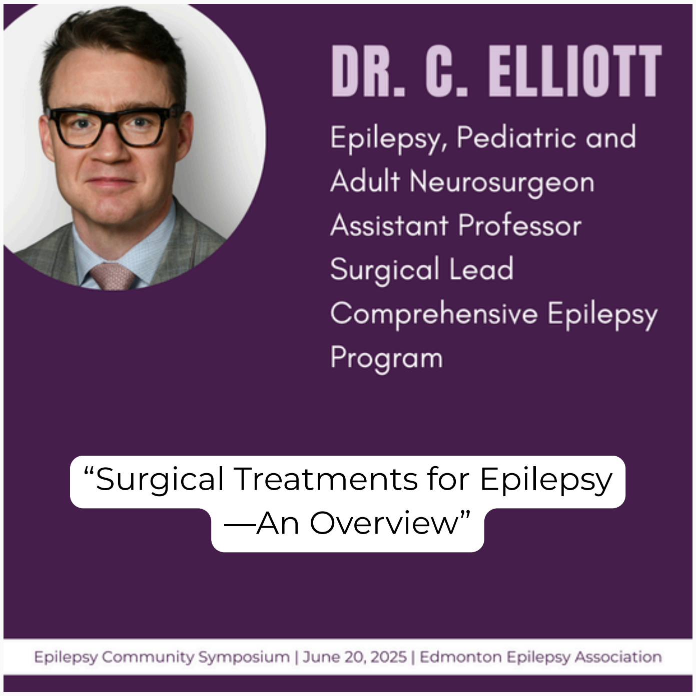
To better understand the impact of the event, we conducted an online feedback survey. Some of the thoughtful comments and insights shared by participants are included below.

- I found the event filled with opportunities to network. Presentations were varied and there was a lot of diversity.
- I really enjoyed the panelist presentation at lunch hour - lived experiences shared were rich and inspiring.
- Learning about the brain, the nutrition was insightful and the counselling was top for myself.
- You guys did. Great job appealing to the wide range of audience, from medical to general info, from pediatric to seniors. Well done!
- Very well organized and welcoming

The Epilepsy Symposium

Symposium Presenters

These are the symposium presenters who joined our event and shared their expertise and knowledge with us.

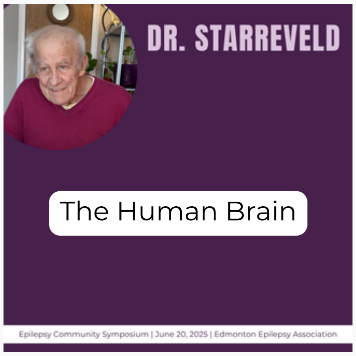


DR. C. ELLIOTT

Epilepsy, Pediatric and Adult Neurosurgeon
Assistant Professor
Surgical Lead
Comprehensive Epilepsy Program

"Surgical Treatments for Epilepsy —An Overview"

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association



DR. STARREVELD

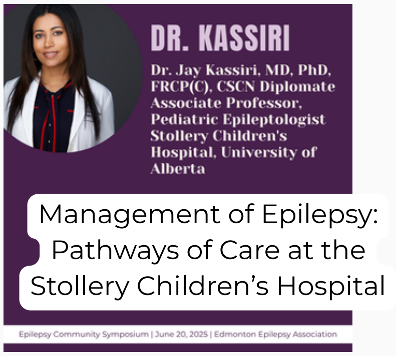
The Human Brain

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

JESSICA RIECKMANN

Epilepsy Panelist Moderator

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

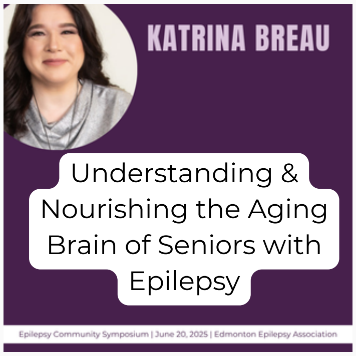


DR. KASSIRI

Dr. Jay Kassiri, MD, PhD, FRCP(C), CSCN Diplomate
Associate Professor,
Pediatric Epileptologist
Stollery Children's Hospital, University of Alberta

Management of Epilepsy: Pathways of Care at the Stollery Children's Hospital

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association



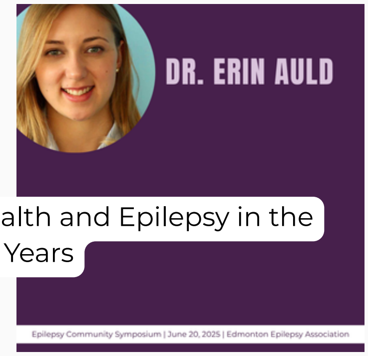
KATRINA BREAU

Understanding & Nourishing the Aging Brain of Seniors with Epilepsy

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

DR.SIMONE LEBEUF

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association



DR. ERIN AULD

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

Coping with Mental Health and Epilepsy in the Teen Years

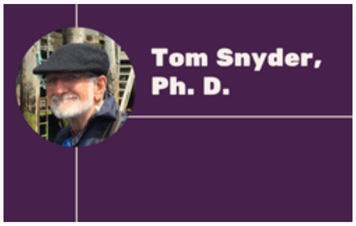
ZACH SCIVOLETTO

Supports for better stress management

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

CLARK SLY

Seizure first aid: hands on session



Tom Snyder, Ph. D.

Short and long-term effects of epilepsy surgery on cognitive and psychological development in children and adolescents.

CASSIDY MEGAN

Self-advocacy and Epilepsy Inspirational Messages

DR. NATARIE LIU

Drug Resistant Epilepsy: Advanced Treatments

Epilepsy Community Symposium | June 20, 2025 | Edmonton Epilepsy Association

Cassidy Megan with EEA members.

Keynote addresses

We were honored to welcome Dr. Elliott and Cassidy Megan as keynote speakers at our symposium.
The day began with an insightful and highly informative presentation by Dr. Elliott, who shared a comprehensive overview of surgical solutions available for individuals living with epilepsy. His session detailed the range of options, including the benefits and risks of each, for those who may be candidates for surgical intervention when medication alone does not provide sufficient seizure control. For many attendees, this was the first time they learned that these procedures might offer new hope for better management of epilepsy.

Dr. Elliott's presentation also explored the full spectrum of surgical treatments—including those currently available in other countries such as the United States and parts of Europe, but not yet accessible in Canada. It was an eye-opening session that highlighted the evolving landscape of epilepsy care and the need for continued innovation and accessibility in our healthcare system.

The event concluded in the early afternoon with a deeply personal and heartfelt message from Cassidy Megan, founder of Purple Day, who traveled from Nova Scotia to be part of our final celebration. Cassidy shared her journey of living with epilepsy since the age of eight, speaking with honesty, warmth, and an inspiring sense of purpose. Her passion for raising awareness and supporting others through their own experiences moved everyone in the room. Cassidy's dedication to spreading hope across the globe makes us especially grateful to have welcomed her to the final two events of our 65th anniversary year.

Recordings of both keynote presentations will be edited and made available as educational resources on our website in early Fall 2025.

Other Resources at the Symposium

Delegates at the symposium were welcomed with a special video display showcasing samples of our web-based video resources and websites. These monitors, placed prominently in the hotel lobby, ran continuous video loops featuring key topics from the online educational materials we've been developing over the past five years. This initiative aimed to raise awareness and provide foundational education about epilepsy—free and accessible to all.

Inside the main ballroom, guests experienced the Epilepsy Portraits Project, a powerful visual display that moved beyond traditional educational tools. These portraits captured the deeply human aspect of living with epilepsy, reinforcing a core message: no one is alone in this journey. The exhibit celebrated community—one that shares, supports, inspires, and helps improve the quality of life for everyone impacted by epilepsy. Seeing real faces and hearing real stories offered reassurance and inspiration. Life with epilepsy is not only possible—it's meaningful, and dreams can still be pursued and achieved, especially with support from friends like the EEA community.


Cassidy Megan and Curtis Anderson

Toward the back of the ballroom, attendees could explore our History Posts, a unique and nostalgic learning experience that chronicled the growth of our "little but mighty" charity. Each post represented a decade of milestones, featuring photos, newspaper clippings, and posters from educational sessions, outreach events, and volunteer initiatives. This storytelling was further enriched through our commemorative book and short video clips shared during the gala, providing a heartfelt look at our journey.

Although most of our current leadership wasn't present during the early days of the organization, revisiting our history has strengthened our connection to our roots. This deeper understanding reinforces our commitment to the vision and mission of the EEA—and helps guide us as we continue to grow, educate, and empower.

The Anniversary Gala

EDMONTON EPILEPSY ASSOCIATION

65 YEARS OF HOPE: FROM SHADOWS TO LIGHT

CHALLENGING EPILEPSY STIGMA, ONE CONVERSATION AT A TIME

The final culminating event of our 12-month journey of celebrations carried a deeply meaningful theme—one that also served as the title of the commemorative book gifted to every guest as a token of gratitude:

65 YEARS OF HOPE: FROM SHADOW TO LIGHT

This powerful theme of shadows and light became the cornerstone of our celebration. Epilepsy often casts shadows over a person’s life, affecting not only their health but also their sense of connection, security, and quality of life. These shadows can feel overwhelming—manifesting as isolation, despair, sadness, anxiety, and more. But through those shadows, our community shines a light.

Across Canada, epilepsy community centres—whether operating provincially or regionally—are dedicated to guiding individuals, families, and caregivers from darkness into light. We are here to offer support, connection, and pathways toward healing and empowerment. The gala was imagined and brought to life as a true reflection of that journey—from isolation to community, from fear to understanding, from shadow to light. It was an evening designed not only to celebrate 65 years of advocacy and support but to renew a shared sense of hope and strength.

Guests left with more than just memories—they left knowing they are never alone. The EEA is here, now and always, to walk beside them, to improve lives, and to ensure that light is always within reach.

The Anniversary Gala

Messages of hope and resilience

The gala provided our community with a meaningful sense of closure after a season of celebration. It was an evening filled with heartfelt messages and warm greetings—not only from those in attendance but also from notable guests who, though unable to join us in person, made their presence felt through video messages and letters of support.

The evening began with greetings from esteemed dignitaries and leaders in the epilepsy community, representing not just Alberta but all of Canada. Among our honored guests were:

- MLA Ron Wiebe, Parliamentary Secretary for Rural Health North and MLA for Grande Prairie-Wapiti, who brought greetings on behalf of Health Minister Adriana LaGrange
- MLA Lori Sigurdson, Shadow Minister for Seniors Issues, Continuing Care & Homecare
- Erin Rutherford, City Councillor for Anirniq Ward
- Laura Dickson, President of the Canadian Epilepsy Alliance (via video)
- Cassidy Megan, Founder of Purple Day
- Susan Wilkie, President of the Edmonton Epilepsy Association

The highlight of the evening was an inspiring keynote address by Curtis Anderson, who shared his deeply personal journey following a seizure-related brain injury sustained during a farm accident. Although Curtis does not live with epilepsy, his story of recovery and resilience struck a powerful chord. His candid reflections and hopeful message resonated with many in the audience, reinforcing a shared understanding of what it means to live with a neurological condition. Curtis's story was one of strength, perseverance, and community support. He reminded us that no matter the challenges we face, anything is possible when we believe in ourselves and lean on those around us.

Event Volunteers

As highlighted throughout this special issue, nothing we do would be possible without the dedication and generosity of our volunteers. For a charity as small as ours, the unwavering support we receive—both from new members and long-standing contributors—is truly remarkable.
One of the most inspiring aspects of our community is the incredible diversity of expertise and the many ways our volunteers choose to support us. Some lend a hand with essential tasks like cleaning, moving boxes, and other forms of physical labour. Others serve as mentors, guiding individuals on their journey with epilepsy.

We also have volunteers who help with our communications—editing newsletters, updating website content, and reviewing video materials. Some have even become voice actors for our audiobook projects, while others contribute by translating materials into both of Canada's official languages, including French.

When it comes to our events, a strong team of volunteers joined in planning meetings and helped bring our vision for the anniversary celebrations to life. Board members and directors not only shaped the direction of these events but also played an active role in securing sponsorships, donations, and spreading the word about our work.

We're proud to collaborate with NorQuest College, offering practicum opportunities to their students, and we're equally thankful for the volunteers who support our monthly gatherings—whether it's "Coffee with Katrina," community Bingos, or other events.

In fact, we sometimes face a surprising challenge: not having enough tasks for all the willing hands. It's a wonderful problem to have. This page is dedicated to the individuals who have gone above and beyond the call of duty to help shape both the symposium and the gala celebrations. To each and every one of you: thank you. You are the heart and soul of our community.

ANGELA
CHERYL
JUSTINE
KATRINA
KRIS
MAI
MICHELE
NICOLE
NOELLA
SAM
SUSAN
TAMMY
VAL

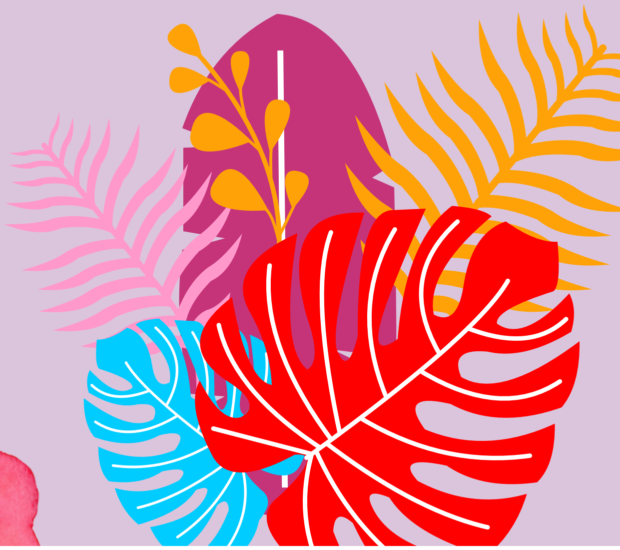
...Next Steps

what comes next....

As we wrap up an exciting year of celebrations, we're ready to take a short pause — a well-deserved summer break! Our directors are currently reviewing and debriefing the past 12 months of events, and we'll soon be sharing professional photos and additional video resources from our celebrations, including the symposium and gala, in early fall.

While we wish everyone a restful and rejuvenating summer, planning is already underway for our next round of engaging programs — both new and ongoing. Building on the momentum from our recent events, we're excited to offer a few topic-focused sessions in a new hybrid format. Thanks to our new office location, we now have access to a fantastic space that can accommodate up to 30 in-person participants, with full webinar support. All attendees need to do is show up — the technology is ready, allowing everyone to focus fully on the conversation. For those unable to attend in person, Zoom access will ensure no one misses out on the learning and engagement.

Stay tuned for our upcoming sessions later this fall and into the winter of 2026!
In the meantime, we'll continue offering additional programs for our members — including the launch of a new walking group we hope to start this August. As always, we remain committed to listening to the needs of our community and finding creative ways to respond — just as we've done for the past 65 years.
We may now be formally recognized as a senior association, but our energy, dedication, and determination remain as strong as ever. We're ready for the next 65 years — and beyond!



Why does the epilepsy community need to practice art?

A diagnosis of epilepsy can be hard on oneself. Beside the challenges of the seizures, its causes and the commitment to a long term treatment, there are also psychosocial challenges that are often experienced by individuals of the epilepsy community which include the wide spectrum of perceived stigma and discrimination, social isolation, concepts of control, levels of independence, family support, the home environment, socio-economic status, employment and the acceptance and adjustment to the condition. If these are not handled smoothly after the new diagnosis, they can lead to social isolation, reduce self-esteem, and limit the participation of people with epilepsy in the world around them with a resulting hard effect on Mental Health and quality of life.

People living with Epilepsy often experience psychological consequences such as anxiety and depression and their rates are higher than the rates in general population. This is beside the relatively high suicide rate and SUDEP which usually results from non-compliance of young adults due to the focus on medical treatment and not the pressure of the whole condition.

While medical providers focus on minimizing seizures and side effects, a primary role that mental and behavioral health care can have with individuals with epilepsy is to optimize Health Related quality of life. This is formally provided by psychotherapy, which is a wide field that is recently using Art in this healing process. Our epilepsy community can benefit from practicing art as individuals or in groups, whether it is provided in an “Art as Therapy” setting or a formal “Art Therapy” setting.

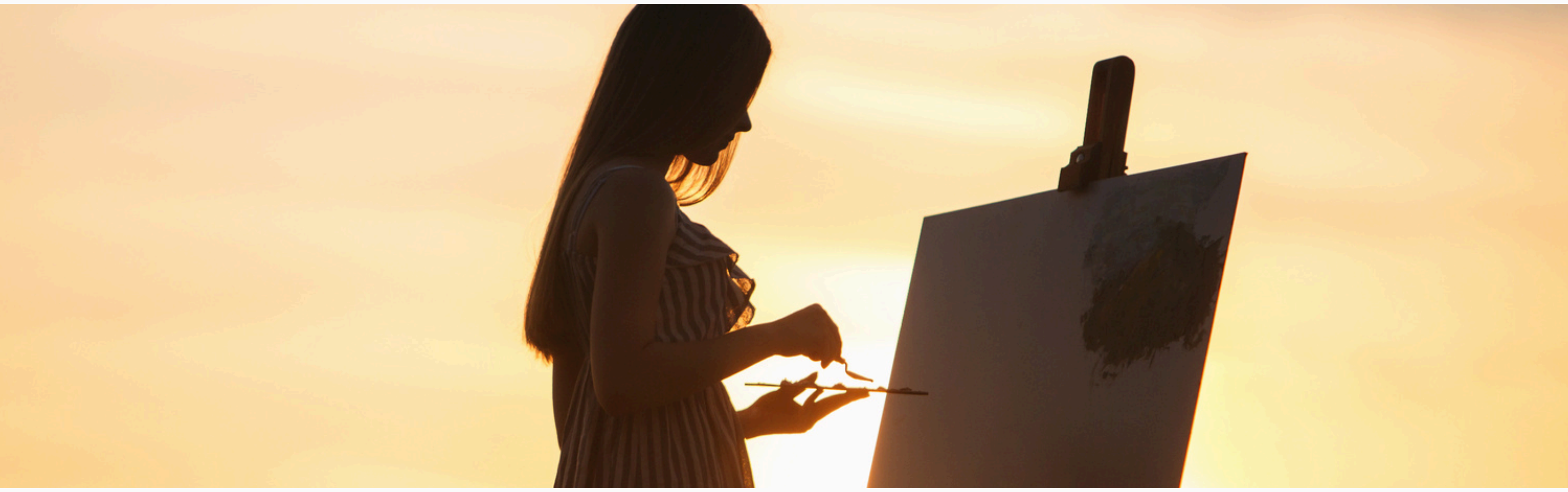
Art as therapy is purely driven by individual’s creative expression while engaging in a relaxing activity like watching a movie, taking a walk or reading a book. This is therapeutic as it transports us away from our daily stresses. In the process we may experience emotional expression, understanding of ourselves, and moments of personal insight into problems. Art therapy has the same benefits, however, the art activity is made in session with a therapist. According to the Canadian Art Therapy Association, art therapy “combines the creative process and psychotherapy, facilitating self-exploration and understanding. Using imagery, colour and shape as part of this creative therapeutic process, thoughts and feelings can be expressed that would otherwise be difficult to articulate.

Why does the epilepsy community need to practice art?

In Burkland’s words, art therapy provides a way of working with illness-related experiences when words alone feel too challenging or painful. Whether such experiences involve trauma related to seizures, stressors regarding epilepsy treatment, negative experiences associated with psychosocial stigma, or complex feelings regarding survivor’s guilt, art can provide a container for intense emotions and memories to externalize them in. With more and more practice these adverse feelings are desensitized and begin to lose its load.

Whatever the setting, even if an individual decides to make art on his own, in practicing art, perception, thinking, emotions, behaviours, as parts of the important aspects of the neural process, are involved. This has positive effects on the brains neural connections and neuroplasticity which is responsible for regeneration and healing. Neuroplasticity is impaired in depression and anxiety due to changes that happen in the brain cortex. these changes can be compensated by the functional activation of circuits and genes that promote healing and alleviate mental health symptoms during the creative process. Simply, Humans use art and creativity for communication, self-expression, self-healing and creating community. If you notice, these are areas which become challenging for people with epilepsy and associated problems.

In a study performed by Ellen Smallwood et al, in the form of an 8-week group art therapy program for people with epilepsy, located in a fine-art museum setting, Participants who had attended group sessions had substantially reduced scores on questionnaires assessing stress and depression and increased scores on questionnaires assessing self-esteem and quality of life compared to participants who did not attend.



Summer Activities

Summer is upon us, and with it comes a chance to slow down, enjoy the warmer days, and connect with our community. For those staying in town—whether between family trips or continuing work—we're here for you with a few relaxed, engaging activities to keep you connected and active.

While summer tends to be a quieter time for our association, we remain busy behind the scenes, planning exciting new programs for the fall and beyond. Our team is available throughout the summer—by phone, email, or in-person appointments. Just reach out!

August & September Gatherings
We're continuing with our popular monthly meetups, and we'd love to see you there:

COFFEE WITH KATRINA

- Thursday, August 21, 2025 – 12:30 to 2:30 p.m.
- Thursday, September 18, 2025 – 12:30 to 2:30 p.m.

BINGO

- Thursday, August 28, 2025 – 12:30 to 2:30 p.m.
- Thursday, September 25, 2025 – 12:30 to 2:30 p.m.

Please leave us a message if you plan to attend—this helps us confirm numbers and ensure the event goes ahead as planned. We now have room for up to 20 participants, thanks to the larger common area in our new office.

Remember we moved to our new location: 9915 148 street!
Our phone number and email remain the same:
780-488-9600
info@edmontonepilepsy.org

New! Walking Together Program

We’re excited to launch a new summer initiative: **Walking Together – a community walking group.**

We believe in the power of movement and connection. Many local walking groups exist, but we thought—why not create one just for our community? It’s simple, inclusive, and meant to bring us together.

How does it work?
For August and September, we’ll meet at our new office location at 11:00 a.m.. We’ll start with some light snacks and water, then head out in small groups to walk and explore the neighborhood together. No pressure—just fresh air, friendly company, and a bit of exercise.
After our walk, we’ll return to the office to rest and recharge before heading home. Should anyone experience a seizure or need quiet space, we’re equipped to help and provide support.
If the program is a hit, we’ll consider continuing with indoor walks during colder months (like at nearby malls).

Walking Dates

- Thursday, August 7, 2025 – 11:00 a.m. to 1:30 p.m.
- Thursday, August 14, 2025 – 11:00 a.m. to 1:30 p.m.
- Wednesday, September 10, 2025 – 11:00 a.m. to 1:30 p.m.
- Wednesday, September 17, 2025 – 11:00 a.m. to 1:30 p.m.

Want to join us?
We’d love to have you! Give us a quick call or send an email to let us know you’re coming. Feel free to bring a friend—just let us know in advance so we can prepare enough snacks and water for everyone.

Whether you join us for a cup of coffee, a game of bingo, or a stroll through the neighborhood, we’re glad to spend the summer with you.

Celebrating Art and Epilepsy: A Creative New Initiative at EEA

We are thrilled to share a heartfelt article written by one of our newest EEA members, Dr. Mai Heikal, highlighting the profound role art can play in the lives of individuals affected by epilepsy. Dr. Heikal brings a unique perspective—not only is she a paediatrician with special interest in paediatric neurology and epilepsy from Egypt, but she is also an accomplished artist.

As we wrap up our recent artistic project—Epilepsy Portraits, featuring the stunning work Katie Tilbury, and the amazing visuals by Mariah Starreveld for our commemorative book—we're more inspired than ever to keep the creative momentum going. At EEA, we believe in the healing and expressive power of art. For many people living with epilepsy, artistic expression can become a valuable way to manage stress and explore inner strengths.

A New Artistic Workshop Series

Building on this belief, we're launching a new initiative: a series of small, hands-on art workshops designed for individuals and families affected by epilepsy. Each session will focus on learning a single artistic technique, while fostering a supportive, creative community.

Our first workshop will be held at EEA's new office location on:
Saturday, September 20, 2025
12:00 - 3:00 p.m.

This session is designed for children who live with epilepsy or have siblings who do and their families. Parents are welcome (and encouraged) to participate and support their kids. We can only work with up to 20 participants in total. Register today to secure your spot.

Workshop Focus: Silhouette Creations

Led by Dr. Heikal, the first workshop will introduce children to the art of creating personalized silhouettes. Each child will leave with a unique piece of art—something they can be proud of. Most importantly, we hope everyone walks away feeling connected and uplifted.

We're limiting attendance to 10 participants to keep the experience intimate and engaging.

If the response is strong, we plan to expand the program with sessions for older children, teens, and adult family members. These workshops aim to provide more than just a creative outlet—they offer a few hours of joy, calm, and connection.

Ready to join us?
Register now—spots are limited!
🎨 **[Click here to register]** (registration fee: $5.00 to cover materials)
☎ Or call us to reserve your place.
We can't wait to see what we'll create—together.

Seniors' Project Updates

We're excited to share that our Seniors: New Horizons project is moving forward in full force. Our core team of senior volunteers has been recruited, but we still have room for one or two more individuals who are interested in playing a more active role in shaping and delivering this meaningful initiative.

Here's a quick refresher on the heart of the project, as outlined in our grant application:
This initiative, led by the Edmonton Epilepsy Association (EEA), builds on our long-standing mission to reduce the stigma surrounding epilepsy and improve the quality of life for seniors living with the condition. As the only charitable organization dedicated to supporting individuals affected by epilepsy in northern Alberta, the EEA is uniquely equipped to expand its outreach and services to meet the needs of the senior community in the greater Edmonton area.

Epilepsy in later life brings specific challenges—such as memory loss, increased social isolation, difficulty managing seizures and medications, limited access to specialized care, and ongoing stigma. To address these challenges, we'll be hosting half-day, in-person educational and support sessions at senior centres and community hubs across the region.

These sessions will be designed to:
- Empower seniors with knowledge about living with epilepsy
- Foster peer connection and reduce isolation
- Strengthen the support systems that help manage the condition effectively

Senior Survey Now Open
If you are a senior (55+), living with epilepsy, we'd love to hear from you! Please complete our Senior Survey before August 20, 2025, **by clicking this survey link.**

Prefer not to complete the survey online? No problem. Contact us and we'll help you participate by phone, mail, or in-person with one of our volunteers. Call us today to book your preferred response method.

What's Next
Once we've gathered the survey data and held planning sessions with our volunteer team, our Executive Director, and project lead Katrina Breau, we'll begin developing the workshop content. We aim to deliver up to 20 free half-day sessions starting in late fall 2025.
These sessions will be hosted at senior homes, centres, and community agencies that focus on seniors' wellness. We'll also use the feedback and insights gained during the project to expand our knowledge base—building a lasting legacy of expertise and support that extends well beyond the project's end date of March 31, 2026.

French Audiobooks Project Updates

Now that our recent celebration events are part of the EEA's history, we're turning our focus back to active planning for the French Audiobooks Project.

As shared in the last issue of Focus on Epilepsy, we received partial funding to produce and publish two French-language titles from the EEA Epilepsy Book Series. Thanks to strong volunteer interest, we've assembled a dedicated team fluent in French Canadian with native-level accuracy. These volunteers will support the project across three key phases:

Phase One – Script Preparation

We're reviewing the book texts and segmenting them into chunks suitable for audiobook narration. Since written content often needs adjustment for the spoken format, a select group of volunteers will ensure the scripts are clear and natural when read aloud.

Phase Two – Recording

Two to three volunteers will serve as voice actors, recording the audiobooks at our new office this fall and winter. Our IT and audio specialist, Rob Beghin, and his team will manage production and post-editing of the final audio files.

Phase Three – Quality Review & Publishing

Additional volunteers will review the completed audiobooks to ensure clarity and quality from a native French speaker's perspective. Once approved, our Executive Director will publish the titles across the same 29 platforms that have hosted our 10 English-language audiobooks since March 2024.

All volunteers have been contacted and are actively engaged in the planning and rollout of this exciting initiative. Stay tuned for more updates as we continue working to expand access to epilepsy resources—across languages and borders.

Office Move Updates

We Are Sold!

After a two-year-long process, the EEA Board of Directors has officially approved the sale of our Groat Road office property. That location, which served as the home of the EEA since June 2015, has been a cornerstone of our community for nearly a decade. It hosted countless meaningful programs—from the community garden and collective kitchen to small gatherings, focus groups, and countless one-on-one conversations. The purple steps at both doors welcomed everyone who lives with epilepsy, no matter the reason they reached out.

As time passed, however, the building began to show its age. Maintenance needs grew, and so did the associated costs. In 2023, we also learned that we needed a business license to operate from what was legally a residential location. Navigating that process took over two years and ultimately led the Board to the difficult—but necessary—decision to seek a new space. The financial and zoning challenges made it clear that continuing at the Groat Road location was no longer sustainable. Saying goodbye is never easy, especially to a place filled with so many memories. But we're also embracing the opportunity for renewal. As of June 15, 2025, EEA has officially relocated to a new space at 9915 148 Street, inside St. Andrew's United Church in Crestwood—just 10 minutes southwest of our previous location. With the upcoming LRT stop nearby, improved access to parking, and better accessibility features, the new location already offers us many advantages. We've significantly downsized—from 2,200 sq. ft. to 700 sq. ft.—but this change has made us more agile. We brought only the essentials: technology, key materials, and our French and English epilepsy resource library. The process was challenging but necessary, and it has left us better prepared to meet new goals. The new space includes:

- A welcoming lobby and activity room (fits 25–30 people)
- Accessible washrooms and main-level access
- Additional event space available in the church at a low cost
- A private office for Executive Director Valeria Palladino, with space for future staff or volunteers

We're grateful to now be part of a larger community and are excited for the fresh opportunities this brings. We can't wait to welcome you to our new home. An online update meeting about the move was held on May 29, 2025, attended by our President, Susan Wilkie, and one member. Valuable questions and feedback were shared, especially regarding communication and the reasons behind the move. We remain available to answer any additional questions—just reach out via email.

Mark your calendar!
Our Open House is set for Saturday, September 6, 2025, from 1:00 to 5:00 p.m. We'll be sending out a poster later this summer. Until then, you're welcome to visit—just contact us to book an appointment, as we'll be on reduced office hours during the summer. A heartfelt thank you to the Board of Directors for their guidance and to all the volunteers who helped make the move a success. Everything we achieve is made possible by the collective efforts of our members.

EEA SCHOLARSHIPS

The Brittany Hughes Memorial Life Enhancement Scholarships for Youth, to a maximum of $500 each, are available for Youths of any age up to the age of 18 to assist them in participating in Arts, Music, Dance, and/or Ethnic Identity Cultural Programs that will enhance their development as individuals.

The Garry Hannigan Memorial Life Enhancement Scholarships for Youth, to a maximum of $500 each, are available for Youth of any age, up to the age of 18, to assist them in participating in Sports or Recreational Activities that will enhance their development as individuals.

Epilepsy Trust

Edmonton Epilepsy Continuing Education Scholarship

EEA also manages the Edmonton Epilepsy Continuing Education Scholarship, funded by the Epilepsy Trust Fund.

9915-148 Street NW
ST. ANDREW'S UNITED CHURCH
Edmonton, AB T5N 3G1
www.edmontonepilepsy.org
CHARITABLE # 119230951RR001

EEA Edmonton Epilepsy Association | The Epilepsy Association of Northern Alberta

EDMONTON EPILEPSY ASSOCIATION
EEA
Ask Me Why
SERVING THE COMMUNITY SINCE 1960

65 Anniversary